

# Ski & Snowboard Camp

## Ski Class Levels

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This page contains descriptions of the various ski classes offered at Ski & Snowboard Camp. Please use this information to select which class you think you will fit best in at camp. Once at camp, changes can be made as needed to make certain all campers are appropriately placed and challenged.

### Level **A** Beginner:

**Skills Included** ~ learning about equipment, getting around on the flats, balancing while sliding, making a wedge, controlling speed, stopping, and introduction to lift riding & lift etiquette, getting up independently.

**Before moving to the next level, the skier must be able to negotiate the learning slope following their instructor.**

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### Level **B** Beginner:

**Skills Included** ~ developing a balanced stance, riding the lift independently, connecting turns, getting around on beginner slopes and trails, getting to know the skier safety code.

**Before moving to the next level, the skier must be able to negotiate green circle (beginner) terrain comfortably, carrying poles and controlling speed by turning.**

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### Level **C** Advanced Beginner:

**Skills Included** ~ balancing while moving, keeping the body lined up, controlling speed by turning, speeding up and slowing down in control, learning to carry poles, understanding the code.

**Before moving to the next level, the skier must be able to ski all green and some blue (intermediate) terrain, control speed by turning and ski with a parallel turn finish under most conditions.**

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### Level: **D** Intermediate:

**Skills Included** ~ balancing while moving, keeping the body lined up, working on parallel turns, making smaller wedges, using edges, side-slipping, skating, hockey stops, using outside ski, moving foot to foot, managing changing terrain, exploring rhythm and timing with turns to prepare for pole use, simultaneous entry, pole swing and touch.

**Before moving to the next level, the skier must be able to confidently ski all green circle and blue square using poles and controlling speed with parallel turns.**

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### Level: **E** Advanced Intermediate:

**Skills Included** ~ speeding up and slowing down in control on steeper terrain, making longer and shorter turns, consistent turn shape for speed control, introduction to bumps and racing.

**Before moving to the next level, the skier must be able to negotiate all blue square terrain and most black diamonds, including moguls, soft snow, and hard packed conditions.**

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### Level: **F** Advanced:

**Skills Included** ~ balancing on steeper slopes, maintaining parallel turns with proper pole use, positive edge engagement above the fall line, linking dynamic short parallel turns on, steeper terrain, changing speed and turn shapes on steeper terrain, linking longer, faster turns, using poles on varying terrain, skiing fast, hard packed surfaces, racing, powder, moguls.

**At this level, the skier must be able to demonstrate confidence, rhythm and flow of movements on all terrain in any condition.**

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